Did you know...

RebelWell offers private, one-on-one appointments with a Registered Dietitian? Staff, faculty, and students are eligible for one visit with our registered dietitian. Meet with our RD to discuss your current diet and make positive changes that will help you meet your nutrition goals. Counseling is available to help you meet your goals for weight management, heart disease, diabetes, celiac disease, and other health conditions.

Cost: Staff & Faculty - $10 per 30 minutes for initial visit.
Students are eligible for one visit at no cost.
Appointments are available from 8:00AM- 5:00PM Monday - Friday.

Meet
Registered Dietitian
Mariana Anaya

Education:
Didactics and Masters in Public Health from University of California, Berkeley
Dietetic Training at University of California San Francisco Medical Center

Work Experience:
Mariana Anaya, MPH, RD is a Registered Dietitian with a Masters in Public Health from the University of California, Berkeley. She has seven years of extensive experience in inpatient and outpatient care. For the past 3 years she worked for a pediatric weight management program at a Children’s Hospital in California designed to prevent and treat childhood obesity and related illnesses, such as diabetes, heart disease, and high blood pressure.

Favorite Quotes:
• “I am in charge of how I feel and today I am choosing happiness”
• “Wake up & be awesome”
• “The most precious gift we can offer anyone is our attention. When mindfulness embraces those we love, they will bloom like flowers.”

Mariana Anaya, M.P.H., R.D.
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University, MS 38677
662-915-2081
maanaya@olemiss.edu

Call (662) 915-2081 to set up an appointment.